



# Affordable Mental and Behavioral Health Services

Champaign County Health Care Consumers has compiled this list of resources that can help you find affordable options for mental health services. If you have any questions about the options listed below, please feel free to contact CCHCC's Consumer Health Hotline at (217) 352-6533.

If you are going through a crisis and feel like you need immediate help call Rosecrance's 24-hour Crisis Line at (217) 359-4141.

## General Mental and Behavioral Services

### Rosecrance

Phone: (217) 373-2430

Address: 801 N. Walnut St., Champaign, IL 61820

Office Hours: Monday - Thursday 8 am - 5 pm; and Friday 8 am - 4 pm

Medicaid

Sliding scale for low-income individuals

Rosecrance provides a range of prevention, intervention, and mental health treatment services for individuals and families. Counseling, psychiatric therapy, case management, residential services, and some other services are provided. A Psychiatric Care Program is available for patients who were in the criminal justice system within the past six months. You can call to schedule an appointment or walk-in on Tuesday, Wednesday, and Thursday from 8 am-3:30 pm to start the intake process. Mental health assessments are scheduled on a first come, first served basis, so arrive at 8 am to try to complete an assessment on the same day.

### Cognition Works, Inc.

Phone: (217) 239-0142

Address: 507 W. Springfield Ave, Urbana, IL 61801

Office Hours: Monday - Thursday 9 am - 5 pm

Medicaid

Sliding scale for low-income individuals

Cognition Works is a community-based organization that provides counseling. Their services primarily focus on helping individuals with all levels of troubling emotions as well as disruptive, risky, or ineffective behavior. Cognition Works will see people on an appointment basis only.

### Crosspoint Human Services

Phone: (217) 442-3200

Address: 210 Avenue C, Danville, IL 61832

Office Hours: Monday 8:30 am - 8 pm; and Tuesday - Friday 8:30 am - 5 pm

Medicaid

Sliding scale for low-income individuals

Crosspoint's mental/behavioral health services include: case coordination, crisis intervention, counseling, therapy, psychotropic medication/prescription administration, among many others. You can call to schedule an appointment or walk in to have an assessment at any time.

### Frances Nelson Community Health Center

Phone: (217) 356-1558

Address: 819 Bloomington Road, Champaign, IL 61820

Office Hours: Monday - Thursday 7:30 am - 7:30 pm; Friday 7:30 am - 5 pm; and Saturday 7:30 am - 12 pm

Medicaid

Sliding scale for low-income individuals

Frances Nelson Mental Health Center provides counseling services (individual therapy). The psychiatrist at Frances Nelson is not currently accepting any new patients. You must call to schedule an appointment with a counselor. It is required provide proof of insurance and proof of income on the day of your first appointment if you are a new Frances Nelson patient. Medicaid is accepted and individuals without insurance can receive sliding scale services.

### **The Pavilion**

Phone: (217) 373-1700

Address: 809 West Church Street, Champaign, IL 61820

Office Hours: 24 hours a day; 7 days a week

Medicaid for individuals under 21

Financial assistance for low-income individuals

The Pavilion is a for-profit mental health provider that offers screening and assessment services for free. You can either call to schedule an appointment or walk-in at any time. However, all psychological and psychiatric care is provided with a fee. Medicaid is accepted for individuals under 21 years of age.

### **Campion Barrow & Associates**

Phone: (217) 356-9922

Address: 2110 Clearlake Blvd., # 202, Champaign, IL 61822

Office Hours: Monday - Friday: 8 am - 5 pm

Medicaid

Financial help might be available

The first visit at Campion Barrow and Associates must be paid in full (\$250 or \$210 depending on the type of mental health professional you see), however, other financing can be done on an individual basis. They only see people who have an appointment and the wait time to get a first appointment is 1 to 2 weeks.

### **Center for Youth and Family Solutions**

Phone: (217) 352-5179

Address: 1315A Curt Drive, Champaign, IL 61821

Office Hours: Monday - Friday: 9 am - 5 pm

Medicaid

Sliding scale for low-income individuals

Counseling is available to all individuals, couples, and families. No one is denied needed services based on their inability to pay. Waiting list for new clients is about 4 months long.

### **Champaign County Christian Health Center**

Phone: (217) 402-5683

Address: In the Community Resource Center at Presence at 1400 W. Park St., Ste. C160, Urbana, IL 61801

Christian Health Center provides psychological and psychiatric services to patient. A patient must indicate the need for primary care first. Then, the patient can be referred internally to a psychiatrist. The mental health services provided at the Christian Health Center are ideal for low-risk patients. Mental Health Services are offered every second Monday of each month.

Medicaid

Free for individuals who are uninsured

### **Family Services**

Phone: (217) 352-0099

Address: 405 South State Street, Champaign, IL 61820

Office Hours: Monday - Friday 8:30 am - 5 pm

Medicaid

Sliding scale for low-income individuals

Therapist assists with individual, couples, and family counseling. Most health insurance plans are accepted. Clients are seen by appointment only. The Family Services also offers mental health services for seniors. For more information about senior's services call (217) 352-5100.

## **Treatment for addiction/substance Abuse**

### **The Prairie Center**

Phone: (217) 328-4500

Address: 718 Killarney, Urbana, IL 61801

Medicaid

Sliding scale for low-income individuals

The Prairie Center provides in-patient (adults only) and out-patient (adults and adolescents) substance abuse treatment services. The center also provides the Bureau of Prisons Program, with intensive case management services to assist in the inmates' transition back into the community (for more information call Charles Lyons at 217-356-7576). The Prairie Center is the local provider to the Drug Court programs of Champaign County and Vermillion County.

## **Champaign County Health Care Consumers**

44 E. Main Street, Suite 208 in Champaign

[www.healthcareconsumers.org](http://www.healthcareconsumers.org) • [cchcc@healthcareconsumers.org](mailto:cchcc@healthcareconsumers.org)

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